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GFF INVESTOR TOOLKIT  
**Child Sources of Nutrients Data Analysis Article**  
February 2017

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## About the Study

**Publication:** *Nutrients*

**Link:** <http://www.mdpi.com/2072-6643/9/2/160>

**Date:** February 20, 2017

**Title:** Certain Grain Foods Can Be Meaningful Contributors to Nutrient Density in the Diets of U.S. Children and Adolescents: Data from the National Health and Nutrition Examination Survey, 2009–2012

**Authors:** Yanni Papanikolaou, Victor L. Fulgoni

POSTS FOR INVESTOR USE



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## Post 1



New research shows that grain foods provide nearly a quarter of your child's daily dietary fiber requirement. Read the study here: <http://bit.ly/2mmPm66>



Grain foods provide nearly a quarter of your child's daily dietary #fiber requirement. Learn more: <http://bit.ly/2mmPm66>



According to a recently released study, grain foods provide nearly a quarter of your child's daily dietary #fiber requirement. Read the research here: <http://bit.ly/2mmPm66>

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## Post 2



Make sandwiches a staple! According to new research, the nutrients provided by whole and refined breads, rolls and tortillas are key in helping children meet daily nutrient goals. Check out the research here: <http://bit.ly/2mmPm66>



#Bread and #rolls help children meet their daily nutrient goals! Learn more here: <http://bit.ly/2mmPm66>



According to new research, the nutrients provided by whole and refined breads, rolls and tortillas are key in helping children meet daily nutrient goals. Explore the study here: <http://bit.ly/2mmPm66>

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## Post 3



According to recently released research, grain foods provide more fiber in a child's diet than vegetables. <http://bit.ly/2mmPm66>



Did you know that grain foods provide more fiber in a child's diet than vegetables? Learn more: <http://bit.ly/2mmPm66>



According to recent research, published in Nutrients, grain foods provide more fiber in a child's diet than vegetables. Explore the study here: <http://bit.ly/2mmPm66>

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## Post 3



Kids love bread! According to a new study bread, rolls, tortillas and ready-to-eat cereals contribute essential nutrients to a child's diet, including: dietary fiber, dietary folate, iron, vitamin A and magnesium. <http://bit.ly/2mmPm66>



Bread loves kids! Bread is full of essential nutrients like fiber, folate, iron, Vitamin A and magnesium. <http://bit.ly/2mmPm66>



According to a new study bread, rolls, tortillas and ready-to-eat cereals contribute essential nutrients to a child's diet, including: dietary fiber, dietary folate, iron, vitamin A and magnesium. Read the full study here: <http://bit.ly/2mmPm66>





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with any questions or to request additional social posts.